



---

## **BAY AREA MULTIHULL ASSOCIATION**



*Presents the  
Thirtieth Annual*

# **DOUBLEHANDED FARALLONES RACE**

## **March 28, 2009**

These race instructions, entry form, and waiver can be obtained from the web at [www.sfbama.org](http://www.sfbama.org)  
Mailed entries must be postmarked by March 21, 2009.  
Entries will be accepted at the skipper's meeting.

# CONDITIONS FOR THE RACE

## ELIGIBILITY

Open by formal application to all single and multihulled sailing yachts over 18 feet in waterline and 20 feet overall length that have weather-tight, enclosed accommodation for the crew.

Yachts entering the race must be of sound, seaworthy construction, capable of safe ocean passages.

Monohull yachts shall be strongly built, self-righting, water-tight, and capable of withstanding solid water knock-downs, and have fixed ballast.

Multihull yachts shall have the ability to float in an inverted position indefinitely.

All yachts must also meet all standards set forth herein.

## SPIRIT OF THE RACE

It is the intent of the rules to make it possible for sailors to compete in seaworthy vessels of various types and designs on a fair and equitable basis. All questions concerning the interpretation of the rules, including those relating to a yacht's eligibility to compete, shall be decided by the Race Committee in accordance with the spirit as well as the letter of the rules.

## GENERAL CONDITIONS

It is the intent of the San Francisco Bay Area Multihull Association to provide a start, finish, and awards to those vessels and crews competing in the Doublehanded Farallones Race. Entrants are advised that the San Francisco Bay Area Multihull Association accepts no responsibilities for the safety or well-being of the yachts, skippers, or crews before, during, or after the Doublehanded Farallones Race.

It shall be the sole responsibility of each skipper and crew to decide whether or not to start or continue to race. Every yacht shall render all possible assistance to any vessel or person in peril when in a position to do so.

## MANAGEMENT

The race will be under the management of the Race Committee of the San Francisco Bay Area Multihull Association, which shall have full power to establish and interpret the rules governing the race, to decide protests on eligibility, and to reject the entry of any yacht at any time prior to the preparatory signal for the start. There shall be no appeal from its decision. This race is not sanctioned by the ISAF or US Sailing.

## ENTRIES

An entry shall consist of a sailing yacht plus a named crew of two people. Persons under the age of 18 must submit with this application a signed release by their legal guardian. Entry fee is \$55 for USSA members and \$65 for non-members. The fee for entries postmarked or hand delivered after **March 21, 2009** will be \$65 for USSA members and \$75.00 for non-members. Entry forms may be obtained from the BAMA web site at [www.sfbama.org](http://www.sfbama.org). Entry forms, signed waivers, PHRF certificates and entry fees should be mailed to:

BAMA c/o Gary Helms  
314 Tideway Drive.  
Alameda, Ca. 94501 (510) 865-2511

Entries shall not be considered as being accepted until the yacht properly checks-in via radio on the morning of the race.

## EQUIPMENT

The following equipment is required:

1. Lifelines or safety lines leading from both sides of the cockpit forward and well secured at each end.
2. Fire extinguisher(s) to meet Coast Guard requirements.
3. Manual bilge pump of at least 10 gallons per minute capacity.

4. Anchor with suitable chain and line.
5. Sea cocks or soft wooden plugs to close all through-hull openings.
6. Working Navigation lights.
7. Compass.
8. Charts and piloting tools.
9. Lead line or echo sounder.
10. Fog horn.
11. Radar reflector.
12. Waterproof flashlight.
13. First aid kit.
14. At least two gallons fresh water.
15. Life jacket with whistle attached.
16. Safety harness.
17. VHF radio with channels 16, 69, and 71.
18. Day and night distress signaling devices as required by the U.S.C.G. (Orange smoke flares are suggested.)

This list does not attempt to encompass all the equipment that is necessary for offshore sailing, and compliance with this list does not relieve the skipper and crew in any way of their sole responsibility for the safety of themselves and their vessel.

## INSPECTION

The Race Committee has the right to inspect any vessel and to reject its entry if they find it does not meet the standards of the race rules. The winning yachts may be subject to inspection.

## HANDICAP

Corrected times will be computed using PHRF ratings and the time-on-time method.

Each entry must have a current 2009 BAMA rating certificate, or a 2009 San Francisco Bay PHRF rating certificate, issued by the YRA of San Francisco: Quarters 35S, Fort Mason Center, San Francisco, California 94123. Phone: (415) 771-9500. A 2008 PHRF certificate **may** be accepted if a 2009 certificate has been applied for, and the boat has not been altered since the 2008 certificate was issued. Please contact the Race Committee for clarification.

Any yacht without a 2009 rating certificate will be assigned a rating by the Race Committee, which rating will include at least a six second per mile penalty.

The Race Committee reserves the right to adjust any PHRF rating based on prior performance in the Doublehanded Farallones Race.

## DIVISIONS

Division assignments will be announced at the skippers meeting and on the BAMA web site by March 25, 2009. The race committee anticipates 9 divisions that include 1 or 2 one-design divisions, 2 ULDB divisions, and the rest PHRF divisions.

ULDB Rule: 
$$\frac{\text{Disp}}{2.24 \times \left( \frac{\text{LWL(ft)}}{10} \right)^3} = 150 \text{ \& Below}$$

Skippers not in attendance at the skipper's meeting shall be responsible to check their final division assignments, which will be posted on the BAMA website ([www.sfbama.org](http://www.sfbama.org)) at least 24 hours before the start.

## TROPHIES

- Dennis Madigan Perpetual Trophy, for crewmember of the first yacht with the lowest elapsed time.
- Harvey Shlasky Perpetual Trophy for the yacht with the lowest corrected time.
- Stewart Kett Memorial Trophy, first monohull on elapsed time.
- Pineapple Sails Yacht Club Trophy
- First multihull on elapsed time.
- First monohull on corrected time.
- First multihull on corrected time.
- First mixed gender yacht on corrected time.
- For Skipper and Crew in each Division on corrected time:

First	If 3 or more starters.
Second	If 6 or more starters.
Third	If 10 or more starters.

## EVENTS

**The Skippers' meeting will be on Wednesday, March 25, 2009, at 7:30 p.m. at the Oakland Yacht Club.** All skippers are requested to attend. Any changes in starting procedures, course limits, division placement, etc., will be announced at this meeting. Each skipper is responsible for acquiring information of such changes. Participation mementos for skipper and crew will be available at the Skipper's meeting and Trophy presentation.

Trophy presentation will be on Sunday, noon April 5, 2009 at the Oakland Yacht Club, in the Regatta room (downstairs). Trophy winners not present at the meeting may receive their trophies after the trophy presentation by contacting the race committee.

## STARTING TIMES AND SIGNALS

The Doublehanded Farallones race will use the starting sequence specified in the Racing Rules of Sailing. Here is an abbreviated summary of signals and start times:

Warning	7:55 a.m.	Course and Div. 1 Flag up
Preparatory	7:56 a.m.	I Flag up
1 Minute	7:59 a.m.	I Flag down
Division 1	8:00 a.m.	Div. 1 Flag down, Div. 2 Flag up
Division 2	8:05 a.m.	Div. 2 Flag down, Div. 3 Flag up
Division 3	8:10 a.m.	Div. 3 Flag down, Div. 4 Flag up
Division 4	8:15 a.m.	Div. 4 Flag down, Div. 5 Flag up
Division 5	8:20 a.m.	Div. 5 Flag down, Div. 6 Flag up
Division 6	8:25 a.m.	Div. 6 Flag down, Div. 7 Flag up
Division 7	8:30 a.m.	Div. 7 Flag down, Div. 8 Flag up
Division 8	8:35 a.m.	Div. 8 Flag down, Div. 9 Flag up
Division 9	8:40 a.m.	Div. 9 Flag down

## STARTING LINE

The starting line is a line between the orange marker on the race deck of the Golden Gate Yacht Club and "X" buoy leaving the "X" buoy to starboard.

Any yacht on the course side of the starting line during the minute before its starting signal shall sail to the pre-start side of the line around the seaward side of the "X" buoy and then make a proper start. The around-the-end rule (30.1) will be in effect.

Yachts without sail numbers are required to display a "hull" number, which will be assigned by the Race Committee, for the start, duration, and finish of the race. This hull number must be displayed in a plainly visible section of the bow, either on the hull or lifelines. It must be waterproof and the numbers must be at least 12" tall, and legible from 100' feet away. While crossing the finish line after dark, yachts with such "hull" numbers must illuminate them as is required for sail numbers.

## COURSE

To and around the Southeast Farallone Island, leaving it to port, and then to the finish. The distance of the course over ground is approximately 58 nautical miles.

## FINISH

The finish line is the same as the starting line but leaving the "X" buoy to port. Yachts approaching the finish shall hail the Race Committee on Channel 71 as they come abeam of St. Francis YC with the yacht name, and sail number.

After sunset, sail numbers must be illuminated as the yacht approaches the finish line. The race committee may illuminate the "X" buoy to establish location of the finish line, but this illumination does not relieve the finishing yacht from her responsibility to illuminate her sail number. The finish time for yachts which cannot be identified as they cross the line shall be scored DNF. This provision shall not apply to yachts which finished overlapped. Finish times for overlapped yachts shall be recorded as they finish and an attempt made to identify them as promptly thereafter as possible. Each skipper of any yacht finishing overlapped or after dark is requested to record his or her own finish time and to note the yacht finishing directly ahead and behind, and shall be prepared to respond to radio hails from the race committee until well clear of the finishing area.

All yachts must have working navigational lights. **Any yacht finishing between the times of sunset and sunrise as published by NOAA (National Oceanic and Atmospheric Administration) without displaying proper running lights readily visible to the race committee will be protested by the Race Committee without a protest hearing.**

## TIME LIMIT

The time limit is 11:59 p.m. Saturday, March 28, 2009.

## RESTRICTIONS

Anita Rock and the South Tower of the Golden Gate Bridge must be left to the south. All San Francisco County rocks **INCLUDING** Mile Rock are to be left shoreward. Yachts must not interfere with large commercial vessels, naval vessels, or tugs and their tows. Yachts that interfere with such vessels, thereby endangering their own safety and/or that of the commercial vessel, will be subject to disqualification by the Race Committee. The area within 100 yards of the starting line is restricted to all contestants until after their preparatory signal.

## INDIVIDUAL RECALL

An individual recall will be signaled by hoisting flag "X" and the firing of one shot. The Race Committee will attempt to notify prematurely starting yachts via VHF Channel 71 but is not required to do so.

However, nothing contained in these instructions shall relieve a yacht of its obligation to make a proper start.

## GENERAL RECALL

Recall of the entire starting group will be signaled by the hoisting of the first substitute pennant (blue and yellow) and firing of two guns. When recalled, all yachts of the starting time shall immediately leave the starting area, and their starting time is postponed to five (5) minutes after the last scheduled group of starters. If there is more than one general recall, the recalled groups will start in the order of their initially scheduled starts, following the completion of the regularly scheduled starters. This modifies RRS section 29.2.

## REQUIRED RADIO CHECK-INS

All yachts must check in with the Race Committee on VHF **Channel 69** between 7:15 and when their division flag is raised 5 minutes prior to their start. At all times, channel 71 will be used for all other race communications. The official channel for race communications will be 71 except for check-ins. Yachts that attempt to check in on channel 71 will be directed to channel 69.

The request for check-in shall include (in the following order), division number, yacht name, sail number. The check-in shall not be complete until the race committee acknowledges the entry by repeating the identity of the racing yacht.

Example:

"Race Committee, this is Able. Request check-in for Division 5. Sail number 12345. Over."

"Able, this is Race Committee. Sail number 12345 is checked in for Division 5. Out."

If you do not hear a confirmation from the Race Committee, assume you have not been checked in.

Yachts sailing the course without a check-in will be scored as "Did Not Start" even if observed crossing the starting line. For safety purposes, yachts observed to have crossed the start line shall be included in roll calls, to ensure that they are accounted for at the finish.

However, inclusion in a roll call shall not be construed as acceptance of any yacht as a properly started racer.

Any yacht withdrawing from the race for any reason must contact the Race Committee via VHF Channel 71, or via telephone (**408-483-3627**) as soon as possible. All yachts are required to monitor VHF **Channel 71** during the race. (Bring extra batteries, if necessary.) Withdrawing yachts which fail to comply with this provision shall be denied entry in next year's race.

### ROLL CALLS

A roll call will be held at 9:00 p.m. and half-hourly thereafter for all yachts still racing. The race committee will call each yacht, which shall respond with the yacht's name, position with respect to the Golden Gate Bridge, and speed over ground.

Example:

"Able, this is BAMA Race Committee for a roll call."

"Race Committee, this is Able. My position is 1.4 nm west of the Bridge. Speed over ground 4 knots."

"Able, this is Race Committee. 1.4 west, 4 knots. Out"

The check in shall not be considered as having been completed until the race committee acknowledges receipt of the call by repeating the information received from the racing yacht.

### RACING RULES

The Racing Rules of Sailing (RRS) as adopted by the United States Sailing Association and as amended by these instructions shall govern the race. RRS Section D and appendix F shall not apply to this race. Between the hours of sunset and sunrise the Steering and Sailing Rules from COLREGS (International Rules for the Prevention of Collisions at Sea) shall replace Part 2 of the RRS.

In accordance with the purpose of the race, those sections of the RRS, which prohibit practices or equipment, which are or may prove useful to the short-handed ocean sailor, may be waived at the discretion of the Race Committee. Specifically, the following will be

allowed:

1. Twin headsails set on two poles for downwind sailing.
2. A whisker pole of suitable size for the largest rated headsail may be carried without penalty, but may not be used with the spinnaker.
3. Asymmetrical spinnakers as included in the PHRF rating.
4. Self-steering and autopilots.

US Sailing Special Regulations for Offshore races will not be enforced, but all racers are urged to review those Special Regulations and equip all yachts for the race as they see fit.

### PROTESTS

Protests shall be submitted in writing according to the form prescribed by the RRS and delivered to the Race Committee within two hours of the finish time of the protesting yacht. Penalties for infringements of the rules shall be in accordance with Appendix A and Rule 44.3. All skippers involved will be notified by phone. If needed, the protest hearing will be 8:00 p.m., Tuesday, March 30 at the Oakland Yacht Club.

A yacht may not protest a yacht for an alleged breach of RRS 75.1 or RRS 75.2 with respect to ISAF Regulation 19.2(b). This changes rule 60.1(a).

Yachts observed by the Race Committee to be not in compliance with any provision of these instructions shall be protested by the Race Committee.

### BAY AREA MULTIHULL ASSOCIATION

**Gary Helms – Regatta Chairman**

[www.sfBAMA.org](http://www.sfBAMA.org)

[helmz@aol.com](mailto:helmz@aol.com)

**510 865-2511 (Cell phone)**

**510 337-2705 (Fax)**

# Waiver, Release, and Indemnification

In consideration of the acceptance of my entry in the 2009 Doublehanded Farallones Race:

1. I certify that I am over the age of 18 and agree to comply with all rules and regulations and the race instructions of the Race Committee, the race sponsors and BAMA, the International and Inland Rules, and other rules under which the race is sailed.

2. I, for myself, my executors, administrators, heirs, next of kin, successors, and assigns,

(a) waive and release any and all claims that I may have against its Committee, and their officers, directors, members, committee volunteers, employees, and agents, or any one or more of them or their executors, administrators, heirs, next of kin, successors, or assigns (the Releasees) including any and all claims for damage caused by the negligence of any of them, arising out of my participation or that of my yacht in the race and its related activities, including prestart and post finish operation, together with any costs including attorneys' fees that may be incurred as a result of any such claim whether valid or not, and

(b) hold harmless the Releasees and each of them against any such claim that I or the officers or members of my crew or my guests or any one or more of them or my or their executors, administrators, heirs, next of kin, successors, or assigns may have or assert and against any cost including attorneys' fees with respect thereto.

3. I acknowledge that I have sole responsibility for the safety of my yacht and crew.

4. I acknowledge that after arrival at the finish line of this race, my yacht may, at my request if such service is available, be led by or be taken on tow by a boat operated for the convenience of race sponsors or BAMA, and be led or towed to its mooring, or at my request, may take such a committee member aboard (who shall become a member of my crew) to assist in entering the harbor and mooring, all without charge or expense to me; in consideration of the rendering of any such service to me and without limiting the generality of the waiver, release, and indemnity above, I hereby agree that should my yacht be damaged in any manner or to any extent by reason of such leading, towing, or other assistance, neither the boat, the owner thereof, the Releasees, nor any of them, shall have any liability or responsibility whatsoever to me by reason of or as a result of such damage (including damage caused by the negligence of any of them), and I hereby waive, and agree not to assert, any claim therefor.

5. I hereby agree that the above named yacht will be outfitted and equipped in accordance with the "Conditions for the 2009 Doublehanded Farallones, Race," and I further recognize and agree to thoroughly familiarize myself and crew with and be bound by and obey all the "Rules and Regulations" of the Committee governing this race. I have read and executed the Waiver, Release, and Indemnification Form with the entry form, and I have made my crew aware of the above conditions, dangers, and liabilities.

---

Skipper's Signature

Date

---

Crew's Signature

Date

Mail entry to the Race Chairman:

**BAMA c/o Gary Helms  
314 Tideway Drive  
Alameda, CA 94501**

- Enclose:
1. Signed copy of Waiver and Release
  2. Registration Form
  3. Copy of a current, 2009, YRA or BAMA PHRF certificate
  4. \$55 for USSA members, \$65 for non-members. Entry fees for entries post marked after March 21, 2009 will be \$65 for USSA members and \$75 for non-members. Entry fee includes participation mementos that will be available at the Skipper's meeting and the Trophy presentation.

The Application may be filled out and Entry fees may be paid online by visiting <http://www.sfbama.org/shop>. Those who pay online must still either mail or fax the application, Waiver, and a copy of the PHRF certificate. Entry to the race will not be complete until a signed copy of the waiver and certificate is received by the Race Committee by mail, hand delivery at the skipper's meeting, or by fax at (510) 337-2705.

# APPLICATION FOR RACE ENTRY

## DOUBLEHANDED FARALLONES RACE

### March 28, 2009

(Please print or type)

Yacht Name: \_\_\_\_\_

Sail Number \_\_\_\_\_

Skipper's Name: \_\_\_\_\_

Mailing Address \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Skipper's Gender (circle one)    Male    Female

US Sailing Member # \_\_\_\_\_

Skipper's Home Phone \_\_\_\_\_

Skipper's Work Phone \_\_\_\_\_

Skipper's E mail address \_\_\_\_\_

Crew's Name \_\_\_\_\_

Crew's Mailing Address \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Crew's Gender (circle one)    Male    Female

Crew's Phone \_\_\_\_\_

Crew's E mail address \_\_\_\_\_

Name and address of person to be notified in  
 emergency \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Emergency Phone: \_\_\_\_\_

Yacht Make or Model \_\_\_\_\_

Length Overall \_\_\_\_\_

Beam \_\_\_\_\_ \*\*

Waterline Length \_\_\_\_\_ \*\*

Power \_\_\_\_\_ \*\*

Type Rig \_\_\_\_\_ \*\*

Displacement \_\_\_\_\_ \*\*

Date Built \_\_\_\_\_ \*\*

Construction Material \_\_\_\_\_ \*\*

Hull Color \_\_\_\_\_

Deck Color \_\_\_\_\_

Where Berthed (marina/berth) \_\_\_\_\_

Marina after hours office phone # \_\_\_\_\_

Registration Number \_\_\_\_\_

Division (Multihull, ULDB, or PHRF) \_\_\_\_\_

2009 PHRF Rating \_\_\_\_\_

Yacht Club affiliation \_\_\_\_\_

Your comments or suggestions: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

\*\* These fields need not be filled in if a valid YRA or BAMA PHRF certificate is included.